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CONFIDENCEPRESS

Paralyzed athlete starts program to help rebuild the self-esteem of others in wheelchairs

metroNEWS

Vaccinate to fight mumps

Experts: Rate of immunizations not high enough



Alex Boyd Metro Edmonton

Alberta health professionals say mumps outbreaks in Edmonton and across the country are "concerning," given the disease's potential to spread.

"In circumstances of very transmittable diseases, they can get a foothold in a city or a region and transmit from person to person, because we don't have as good of an immunization coverage as we need to stop transmission in its tracks," said Dr. Chris Sikora, a lead medical officer with Alberta Health Services.

"I would like to see immunization coverage rates higher," he added.

That's proving to be a concern many should take note of. Mumps are preventable by vaccine — but one that requires two doses in order to be as effective as possible.

Lynora Saxinger, an associate profes-

sor in infectious diseases at the University of Alberta, said health officials didn't initially realize the second dose was needed, so those immunized from about 1970 to 1996 may have only received one.

"There are pockets of lower immunization rates, and an unknown number of people who may have had a one dose instead of two doses of immunization that could be at risk," she said.

Mumps is a contagious viral infection that causes swelling and pain in the head and neck glands.

The virus is spread by sneezing or coughing, or from sharing saliva.

In serious cases, mumps can cause deafness, meningitis, or in rare instances, inflammation of the brain.

The vaccination schedule in Alberta recommends that kids get their first dose around year one, and the second between the ages of four and six.

"Especially people who are in risk categories," Saxinger said.

Both recommend that people check their immunization status.

Plus: Alberta isn't the only province with mumps patients, metroLIFE



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Horror of fire still lingers

TRAGEDY

Lethal blaze at Oliver Place has hit locals hard says hero



Matt Kieltyka Metro Vancouver

A fire where dozens watched as a person burned above them on a balcony in January before eventually dying still stirs heavy emotions in many, according to a hero from that

Riza Kasikcioglu, who risked his life to rescue as many tenants he could from Oliver Place, at Jasper Avenue and 117 Street, said people regularly drop in to his shop to express gratitude and grief.

"Everybody is still coming in, crying and giving me a hug. Old, young, everyone," Kasikcioglu, owner of nearby Maximo's Pizza, told Metro. "They say, 'You did a good job,' 'You saved my niece,' or, 'You saved my mother."

But like many in the community, the fire has taken a toll on the small business owner who refused to be an onlooker.

"I feel very sad, actually," he said. "At least seven days after, I was in shock. But (at the time), I was just worried about kids and animals. So I kept going one more (apartment), one more, one more and I, eventually, fell down."



Maximo's Pizza owner Riza Kasikcioglu risked his life to rescue several tenants from a fire at Oliver Place. TIM QUERENGESSER/METRO

smoke inhalation and said he injured his back and knee carrying a wheelchair-bound woman out of the burning building. To this day, many questions onlookers and residents have about the fire and victim remain unanswered.

Edmonton Fire Rescue Services spokesperson Katie Stewart said an investigation is on-

"We're still waiting for the result of testing on items sent to the lab, which can take up to 90 days," she said.

Officials have still not re-Kasikcioglu was treated for leased any information about the victim, who many people on Jasper Avenue saw burning.

The fire started at 6:52 p.m. on the seventh storey of the building and damaged five other suites.

It took more than 90 fire fighters to battle the fire.

A representative for the building's management company expects a final report into the fire's cause and the victim's identity to be released soon.

"I spoke at length with the fire investigator and he gave me a bit of an overview but it's most appropriate to wait for the report which should

be out this week," said Dan Arrigo, a portfolio manager at Vancouver-based Devonshire Properties.

"Our staff have been in touch with fire services and other agencies and we're requesting that [information] be publicly released."

The final damage - estimated at more than \$500,000 has not been tallied yet, but Arrigo said it could have been much worse if not for the building's concrete structure and swift response from fire fighters.

Arrigo, who has been at the

building in the aftermath of the blaze, has been struck by the community's response.

"It started on the night of the fire with our commercial tenants inviting people in from the cold providing shelter. And within the building, there were a lot of people coming forward with kindness and concern," he said. As unfortunate and tragic as it was, it really just highlighted that this is a community that's concerned about where they live. It's really just an overall feeling and atmosphere in the building that's positive

O'Leary bails on debate

The dragon won't be in the den when the federal Conservative leadership tour hits Edmonton on Tuesday.

Business mogul and reality television star Kevin O'Leary announced Monday he is withdrawing from the bilingual debate at the Citadel because he disagrees with its format.

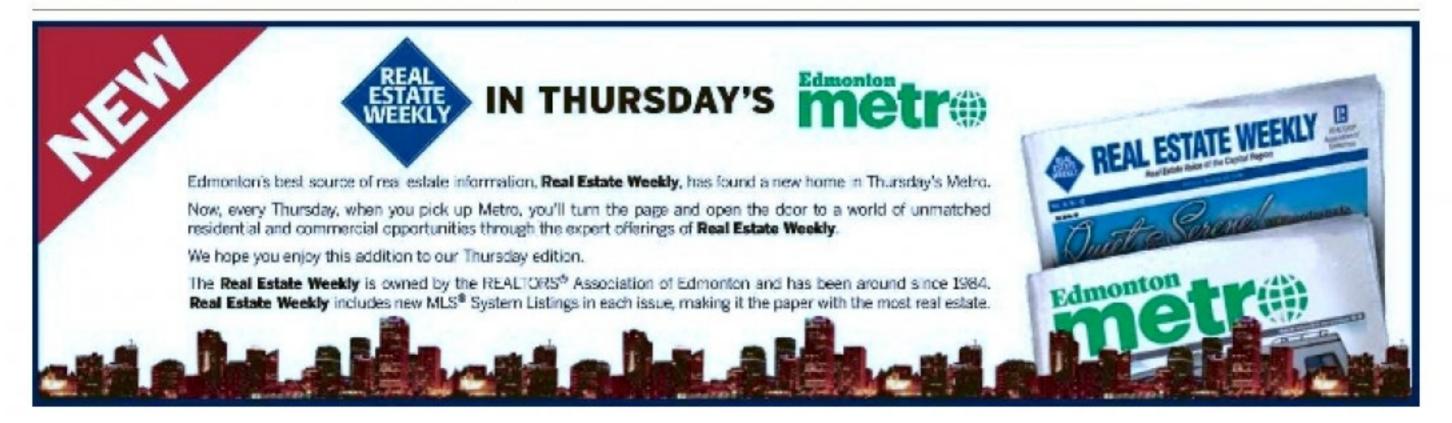
"I said from the beginning that it is a bad format to have 14 people on stage answers the same question with no back and forth," O'Leary said, in a statement.

"My campaign worked hard to build a consensus to change the format of the Edmonton debate unfortunately, party organizers have informed my team that despite all but one campaign agreeing to the change, they would be continuing with the terrible previous format." O'Leary's challengers have already jumped on the last-minute cancellation.

"Chicken," tweeted leadership hopeful Lisa Raitt. "Format is irrelevant. Presence is mandatory. Suck it up and play by the rules."

Tuesday's debate is scheduled for 6 p.m. at the Maclab Theatre inside the Citadel. The event is sold out. While O'Leary won't be at the debate, that won't keep him out of the spotlight.

He's scheduled a "fireside chat" and media availability in the evening at the Westin hotel, on the same block as the Citadel. MATT KIELTYKA/METRO



Learning to build in cold

CONSTRUCTION

Prefabricating, innovations keep projects going in winter



Pushpa Balgobin For Metro | Edmonton

As Edmonton hits the deep freeze again, sheet-metal worker Alex Emblem said he's gotten used to building in the cold.

"The conditions are harsh and it is cold, but working on huge projects like the arena is pretty cool, seeing everything coming together," Emblem said.

Edmonton is knee deep in a historic construction boom downtown and as a result the industry and city are better learning to adapt to a tough climate to limit building delays, experts say.

"Even though we don't have the ideal climate for masonry, a lot of construction sites will have tarps, heating and hoarding tarps to allow for masonry



Jesse Banford stands in front of the Stanley A Milner Library's ongoing restoration work. PUSHPA BALGOBIN/FOR METRO

work," said Jack Ashton, a program manager for the downtown arena project.

"The good thing about winter construction is you don't have to deal with moisture. The snow, you just brush it off. So there are some advantages."

Edmonton's tough winter climate has been linked to delays on larger projects in the recent past. Both the bridge replacement over Groat Road and the larger replacement for the Walterdale have been delayed because temperatures

fell too low.

But Jesse Banford, the director of facility infrastructure delivery with the city, said several current projects are continuing without delay, despite the recent cold.

He said the city's engage-

ment with contractors and planners takes into consideration harsh outdoor work environments, noting that "cold construction" techniques and strategies are aimed at keeping jobs on time and workers safe.

Banford said the Stantec Tower, the Stanley Milner Library and the River Valley funicular projects have all not been disturbed by the harsh weather.

"You will see cranes swinging in winter, spring, summer and fall," Banford said.

Ashton said new innovations are fighting the cold, like prefabricating components off site, which allows contractors to work around frigid temperatures on the inside while outside work may be forced to slowdown.

He said entire walls can be prebuilt, while concrete cures in temperatures well below

The trend has even spawned recognition in the art world.

A new exhibit at Latitude 53, Sheltered + Exposed, explores the relationship between development, architecture and

No black boxes on plane

An accident investigator says it will be challenging to determine exactly what caused a plane crash that killed two flight instructors from Calgary's Mount Royal University.

Fred Burow of the Transportation Safety Board says the plane's major components were destroyed in the crash and the resulting fire. The aircraft also wasn't carrying nor was it required to carry a cockpit voice recorder or a flight data recorder.

"The so-called black boxes that are required in larger aircraft do make things easier for the investigation and do bring a lot more data to it," Burow said Monday at a briefing.

Pilot Jeffrey Bird and copilot Reynold Johnson died Feb. 13 when their twin-engine Tecnam aircraft went down northwest of Calgary.

Burow said it's too early to say whether the crash was caused by mechanical failure or a medical issue with one of the pilots.

THE CANADIAN PRESS

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gym as an able-

bodied person

is intimidating.

But when you have

a disability?

It's ten fold.

Bean Gill

To gain independence is 'huge'

ACCESSIBILITY

Pair to give new exercise option for people who use wheelchairs



Alex Boyd Metro Edmonton

The first time Bean Gill went to the gym after a getting paralyzed from the waist down, she ensured her makeup was impeccable.

"I wore full makeup for a long time while going to the gym because it gave me the confidence that I needed," Gill said, laughing.

"Even going to the gym as an able-bodied person is intimidating. But when you have a disability? It's ten fold."

Bean is working to help others using wheelchairs gain the confidence she's built through working out by opening ReYu Paralysis Recovery Centre in Edmonton next month.

The centre will offer inten-



Bean Gill is working to help others using wheelchairs gain confidence by opening ReYu Paralysis Recovery Centre in Edmonton next month. KEVIN TUONG/FOR METRO

sive gym-based workouts for people using wheelchairs, which Gill said have become popular in the U.S. and Europe but haven't taken off in

Gill's trainer, Nancy Morrow, is part of the project and said it will offer clients another tool to push their boundaries.

"It's a shift in thinking," Morrow said. "With people with spinal cord injuries the previous thought was that you're not going to get better so just learn to live with what you have."

Gill agreed, and said she

wants to change that stigma. "It's not 1920. Our life expectancy is just as high as an ablebodied person," she said.

She and Morrow have also started a Youtube channel for the centre featuring Gill giving life and fashion tips for "wheelie life," as she calls it, like how to choose bags that

don't fall off your lap, and trim shirts so they look better when sitting.

These are all lessons Gill has learned in the last few years.

While on vacation in Las Vegas, Gill was in her hotel room when she was hit by "the most excruciat-

ing pain I'd ever felt in my life" in her lower back.

Ten minutes later she was paralyzed.

Her doctor's diagnosed her with Tranverse Myeliti, an inflammation of the spinal cord her doctors said was most likely caused by a virus.

She said she struggled to feel like herself, and for months "hated everything" about her

"In the beginning I couldn't even transfer myself from my chair to my bed or my shower, my brother and my mom had to transfer me everywhere," Gill said.

She found herself through getting strong-

Gill's in the gym with Morrow most days now, working through planks, pushups and crunches.

"I didn't consider myself an athlete before," Gill said. "But I definitely do

"I can unload the dishwasher, I can cook my own food, I can pick things off the ground, I can pick myself up off the ground without worrying about injuring myself," Gill said.

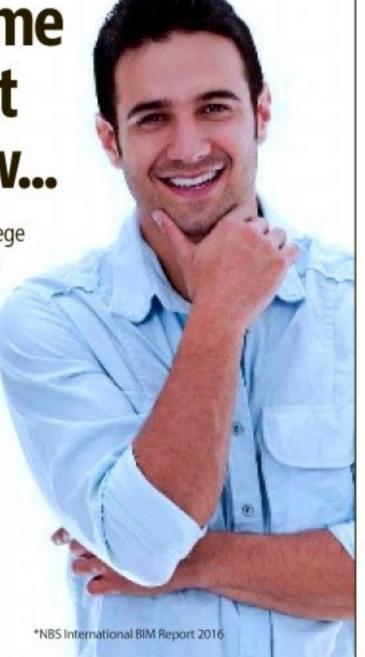
To gain that independence back is huge."



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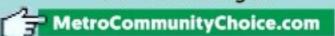


Thank you Edmonton

for making last year's Community Choice a success. It's time again to start nominating your favourite businesses. We will announce the Top 10 Nominees per category on May 16th. Then we will ask you to vote for the Winners.

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Start nominating at:







Chief Wilton Littlechild said Edmonton and Enoch are a good fit for the Indigenous Games. FRED CHARTRAND/ THE CANADIAN PRESS

Big plans for Games

Indigenous event coming to Edmonton and Enoch



Alex Boyd Metro Edmonton

Organizers of the World Indigenous Nations Games coming to Edmonton this summer are hoping the event takes reconciliation global.

Indigenous representatives from 36 countries have applied to compete in the games, scheduled for July 2-9 at locations in Edmonton and the Enoch Cree Nation, according to the Games' executive director, Jodi Stonehouse.

"We need to do some active work with not only local Indigenous people but Indigenous groups internationally," Stonehouse said. "How are we welcoming them? How are we lifting them up and celebrating them?"

Preparations for the second staging of the games, which will feature sports from around

the world like archery, horse racing and spear throwing, are in full swing. The first Indigenous Games event was held in Palmas, Brazil, in 2015 and drew more than 2,000 participants from 23 countries.

Stonehouse said the Edmonton event will be about more than athletic competition, and will include a conference about common issues Indigenous people face globally, like resource extraction and food security.

Since the event will happen during Canada's 150th birthday celebrations, Stonehouse also said she hopes the games will shine a brighter light on Indigenous people in Canada.

"We want everyone to feel welcome, and find a piece of indigeneity that they can have a relationship with, that everyone can resonate with. Whether it's the food, the conference or the games."

When the games were announced in December Chief Wilton Littlechild said in a release that the Edmonton area is a natural fit for the event, with its history of hosting major athletic events, but that Indigenous people may benefit.

\$998,000

\$870,450

Solar rebates to come in summer

The Alberta government is putting up \$36 million over two years for a rebate program to encourage rooftop solar panels on homes and businesses. Environment Minister Shannon Phillips says more details are to come and the rebates are to be available as early as this summer.

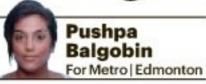
Phillips says the use of solar panels has doubled since 2015 and the goal is to have new panels on 10,000 Alberta rooftops within three years.

"Albertans are keen on solar. Today's announcement ... will keep the momentum going," Phillips said Monday.

"Energy efficiency matters to Albertans, and the province is way overdue."

The program is expected to create 900 jobs in the next few years, and reduce solar installation costs by up to 30 per cent for homes and 25 per cent for businesses. THE CANADIAN PRESS

Firefighters' rooftop camping pays off



It took an additional two and a half days of camping on a rooftop, but Edmonton Fire Rescue Services finally met its fundraising goal for Muscular Dystrophy Canada.

Firefighter Courtney Polson took to the rooftop at Fire Station 2, located near NorQuest College, on Tuesday last week, helping to raise \$135,000 for the 12th annual Rooftop Campout.

He came down Monday.

"This year was good, we reached our goal, it took six and a half days to reach, but we did it," Polson said.

He said the reduced goal was due to a loss of sponsorship and a slower economy.

Polson has participated in the campout on the roof for five years. "I don't know if the experience is differ\$135,000

Amount raised this year by Edmonton Fire Rescue Services for the Rooftop Campout. Last year, the organization raised \$150,000 with the help of a young man with muscular dystrophy.

ent every year or if it always resonates continuously," he

"You get to know the families, we do a lot of things throughout the year so we see the kids and their families throughout."

Poulson said that the continued relationship between firefighters and those that directly benefit from the fundraiser help to fuel the passion every year.

He said the two-and-ahalf-day extension, wasn't "so bad."



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Prizes may not be exactly as shown.

Manulife in trouble

Bank fined \$1.2 million by laundering watchdog

It took months of intense media scrutiny and public outrage before Canadians learned Manulife was the mysterious financial institution behind a \$1.2-million fine for money-laundering.

The same day Manulife's identity was kept secret, a handful of much smaller companies were publicly named and shamed by FINTRAC, the country's money-laundering and terrorist funding watchdog. That confusing double standard has now triggered a review of FINTRAC's disclosure policy amid a Torstar/ National Observer investigation.

"In exercising my discretion to withhold the name of the bank. I understand that it may not have met public expectations in relation to openness and transparency," wrote Gérald Cossette, FINTRAC director, in a statement.

The carefully-worded statement still makes no reference to the bank at the centre of the controversy - an expression of the agency's uneven transparency model since its birth in 2008.

Over the past eight years, FINTRAC has named 40 companies for violating the law while keeping secret another 55.

As part of the Torstar/National Observer investigation over the past two months, reporters attempted to identify the bank by surveying all 32 Schedule I banks in Canada, asking them to clearly state whether they were the bank involved.

While almost all the banks responded unequivocally, Manulife wrote: "We do not comment on any matters regarding our regulators, whether they are rumour, speculation or fact."

On Monday, Manulife issued a public statement confirming it was the mystery bank in

Over the last three months, Torstar and the National Observer have published exclusive details about the offences behind the fine. Among those findings:

Manulife failed to report one suspicious transaction to Fintrac labelled a "very serious" violation - that experts say undermines Canada's system to detect financial crimes and trace dirty money.

The bank also failed to report 1,174 outgoing international electronic transfers of \$10,000 or more, 45 deposits of \$10,000 or more in cash and four incoming international electronic transfers of \$10,000 or more.

Fintrac documents obtained by Torstar and the National Observer also show Manulife's fine, which was reduced twice from an initial \$1.8 million, was for five different types of violations of anti-money laundering and anti-terrorism financing law, involving a failure to report transfers totalling at least \$12.2 million.

Manulife was also fined for failing to "develop and apply compliance policies and procedures." TORSTAR NEWS SERVICE

Trump company tweets alternative facts



David P. Ball Metro | Vancouver

President Donald Trump's sons may have taken over the reins of his international company following his U.S. election win amidst ongoing concerns about potential conflicts of interest.

But that didn't stop Trump Organization, which the President still owns but doesn't manage, from apparently inheriting its namesake's appreciation for what have become known as "alternative facts."

On Monday, a day before Trump International Hotel and Tower official opens in Vancouver with the President's sons Donald Jr. and Eric Trump attending, the company issued an outright falsehood on Twitter.

"Tomorrow marks the official grand opening of @TrumpVancouver," the 6:25 a.m. tweet stated. "The 69-story tower will be the first property to open in the city in over 6 yrs."

The inaccuracy of that claim will be obvious to any Vancou-



A man wearing an oversized Donald Trump head protests outside the still-under-construction Trump International Hotel and Tower on Wednesday Oct. 5, 2016. DARRYL DICK/THE CANADIAN PRESS

verite who has watched construction sites and cranes spring up in almost every corner of the city in recent years, many projects quickly reaching completion and opening to residents amidst

a real estate boom.

The phrase "alternative facts" was coined by Trump spokeswoman Kellyanne Conway in a television interview, when confronted on lies told by her and

the White House about the size of Trump's inauguration crowd.

The Georgia Street tower is set to open Tuesday, and already two separate protests have been announced.

#WOMENONBOARDS

Board diversity is a federal duty, NDP says



Ryan Tumilty Metro Ottawa

As the NDP calls for tougher rules to create more diversity on Canadian boards, a private think-tank warns that forcing gender parity could do more harm than good.

Windsor NDP MP Brian Masse suggested the government go further on its gender diversity bill, C-25, calling for a minimum number of women on the boards of Canadian corporations.

The current version of C-25, introduced by the Liberal government, requires corporations work toward gender diversity and disclose the current make-up of their boards.

Data from 2016 shows about 21.6 per cent of board

seats in Canada are filled by women.

"The world is moving quite quickly on this and Canada is a laggard to begin with," said Masse.

Masse said he believes that, as a starting point, corporations should be required to have at least 30 per cent of their board director seats occupied by women.

the ranks of more progressive countries on this."

But Andrea Mrozek, program director with the think tank Cardus, suggested mandatory quotas could actually make things more difficult for women on boards.

"It creates a negative work environment whereby people question how a very qualified woman got into management "Canada would only join in the first place," she said.



metr@NEWS World Tuesday, February 28, 2017 **7**

The moon is not going Hollywood

One giant leap for tourism in 2018, SpaceX promises

SpaceX said Monday it will fly two people to the moon next year, a feat not attempted since NASA's Apollo heyday close to half a century ago.

Tech billionaire Elon Musk the company's founder and chief executive officer - announced the surprising news barely a week after launching his first rocket from NASA's legendary moon pad.

Two people who know one another approached the company about sending them on a weeklong flight just beyond the moon, according to Musk. He won't identify the pair or the price tag. They've already paid a "significant" deposit and are "very serious" about it, he noted.

"Fly me to the moon ... Ok," Musk said in a light-hearted tweet following the news con-

Musk said SpaceX is on track to launch astronauts to the International Space Station for NASA in mid-2018. This moon mission would follow about six months later, by the end of the year under the current schedule, using a Dragon crew capsule and a Falcon heavy rocket launched from NASA's former moon pad in Florida.

If all goes as planned, it could happen close to the 50th anniversary of NASA's first manned flight to the moon, on Apollo 8.

The SpaceX moonshot is designed to be autonomous unless something goes wrong, Musk said.



SpaceX's Dragon capsule sits aboard a ship on Feb. 10, 2015 in the Pacific Ocean west of Mexico's Baja Peninsula after returning from the International Space Station, carrying about 3,700 lbs of cargo for NASA. SPACEX/THE ASSOCIATED PRESS

"I think they are entering this with their eyes open, knowing that there is some risk here," Musk told reporters in the telephone conference, a day after teasing via Twitter that an announcement of some sort was forthcoming.

Musk said he does not have permission to release the passengers' names, and he was hesitant to even say if they were men, women or even pilots. He would only admit, "It's nobody from Hollywood."

The paying passengers would make a long loop around the moon, skimming the lunar surface and then going well beyond, perhaps 300,000 or 400,000 miles distance altogether. It's THE ASSOCIATED PRESS

about 240,000 miles to the moon alone, one way.

The mission would not involve a lunar landing.

"This should be a really exciting mission that hopefully gets the world really excited about sending people into deep space again," Musk said.

NASA will have first dibs on a similar mission if it so chooses, he said. The space agency learned of his plan at the same time as reporters.

In a statement, NASA commended SpaceX "for reaching

In all, 24 astronauts flew to the moon and 12 walked its surface from 1969 to 1972.

Bodies pulled from wreckage after plane crashes into homes



The scene after a deadly in Riverside on Monday. AP

Authorities say four people are dead and two are injured after a small plane crashed into two homes and sparked a huge fire in Southern California.

Riverside Fire Chief Michael Moore says the Cessna's occupants, a husband, wife and three teenagers, were returning to San Jose on Monday after a weekend cheerleading conference at Disneyland.

Moore says one of the teenagers, a girl, was thrown from the plane on impact and had only minor injuries. She was able to talk to firefighters

about what had happened as she was taken to a hospital.

An unconscious victim from one of the homes is in surgery.

Four bodies have been found in the wreckage, but firefighters have not sorted out exactly how many were from the plane and how many from the homes. They are looking for additional possible victims in the wreckage.

The two homes were destroyed, and there was minor damage to some neighbouring homes.

THE ASSOCIATED PRESS

Germany sees 'alarmingly high' number of anti-migrant crimes

Migrants and their homes in Germany faced more than 3,500 attacks in 2016, a number that is "alarmingly high and cause for concern," a German official said Monday, while adding that the crimes are being aggressively prosecuted and the numbers of such attacks are now falling.

Most of the attacks were crimes like vandalism to asylum-seeker homes - including far-right graffiti, threats and slander — but the report also included more serious attacks like arson, bodily harm and attempted murder. It was compiled by the Interior Ministry with information from Germany's 16 states in response to a question in Parliament by the Left party.

"There was a very wide spectrum of crimes ... every one is to be condemned," said Interior Ministry spokesman Johannes

The attacks led to 560 people being injured, including 43 children. Overall, 2,343 suspects were identified and investigated, according to the new report.

Comparison figures for previous years haven't been compiled but Dimroth said after 2016 the "trend is downward ... which



Women from Afghanistan, who preferred not to show their faces to the camera, attend a class offering literacy and basic computer knowledge in Berlin, Germany, GETTY IMAGES

gives us a little bit of hope."

Germany took in 890,000 asylum-seekers in 2015, and the influx caused a backlash and a rise in anti-immigrant sentiment, which was most pronounced in eastern parts of the country.

The government has invested more resources into fighting xenophobic crimes, but the new figures show more needs to be done, said Gauri van Gulik, deputy Europe director of Amnesty International.

"We need to see better risk assessments, more protection at certain locations, thorough investigations and prosecutions

of these appalling racist attacks to stop them in the future," van Gulik said.

Dimroth said, in addition to government policies and police enforcement, it's up to society in general to fight racism, saying it's impossible to just "ban" extremism.

The number of asylum-seekers in Germany tapered off to 280,000 in 2016. With the decrease, and more intensive government efforts to rapidly send home those whose applications are rejected, anti-immigrant sentiment has tapered off somewhat. THE ASSOCIATED PRESS



Ikea testing virtual reality in Canada

TECHNOLOGY

Simulator puts furniture into consumers' own homes

Ikea Canada is jumping into the virtual reality ring with the launch on Tuesday of a simulator at its Etobicoke location in Toronto that will allow customers to see themselves moving inside a version of their own, newly renovated Ikea kitchen.

"We know that virtual reality isn't widely available yet, but we know it's coming fast," said Rob Kelly, head of sales, Ikea Canada.

The technology is used in video games but is heading into new applications, including allowing people to see how a piece of furniture would look in their own home using their mobile phone.

The Etobicoke store pilot is the only one in Canada, although the concept is being



Ceasar Varela, kitchen and dining manager at an Ikea store in Toronto, poses with the Virtual Reality Pancake Kitchen display. TORSTAR NEWS SERVICE

tested in other markets, including a store in Belgium, one in Sweden and a booth at an order-and-pick-up location, also in Sweden.

The testing will run until May 21, at which time Ikea Canada will assess the findings and the potential for the technology.

"This is an exploration journey for us," said Kelly. "It's ex-

citing, it's fun to do, but at the end of the day, what we're really interested in hearing about from customers is, does it really help?"

Lowe's was the first retailer to test a holoroom in Canada. in late 2014, according to Kyle Nel, executive director, Lowe's Innovation Labs.

TORSTAR NEWS SERVICE

Rewards losing bit of its allure

The value of customer loyalty programs is under increased scrutiny by companies and users in the wake of Air Miles' recent reversal of an expiration policy.

The operator of the shopper reward program, LoyaltyOne, angered many members last year with its proposal to void unused Air Miles after five years, only to abandon that plan weeks before it was to take effect.

Last month, supermarket chain Metro said it was considering dropping Air Miles

and launching its own loyalty program in its Ontario grocery stores following the backlash.

The Air Miles misstep doesn't help foster consumer trust and is a "cautionary tale" for other providers, said Sean Claessen, executive vicepresident of strategy for marketing agency Bond Brand Loyalty.

It takes trouble with just one loyalty card to test the public's patience with rewards programs, added John Boynton, chief marketing officer of Aeroplan operator Aimia.

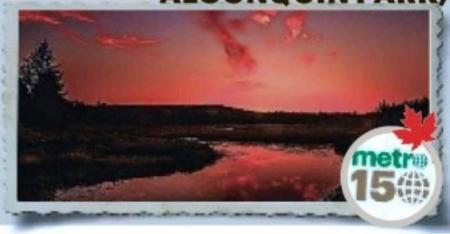
"Everybody does a little bit of a double-take," said Boynton, who joined the company months after it faced a similar controversy.

In 2013, Aeroplan found itself in the midst of a public uproar for attempting to invalidate miles that weren't used over a seven-year period.

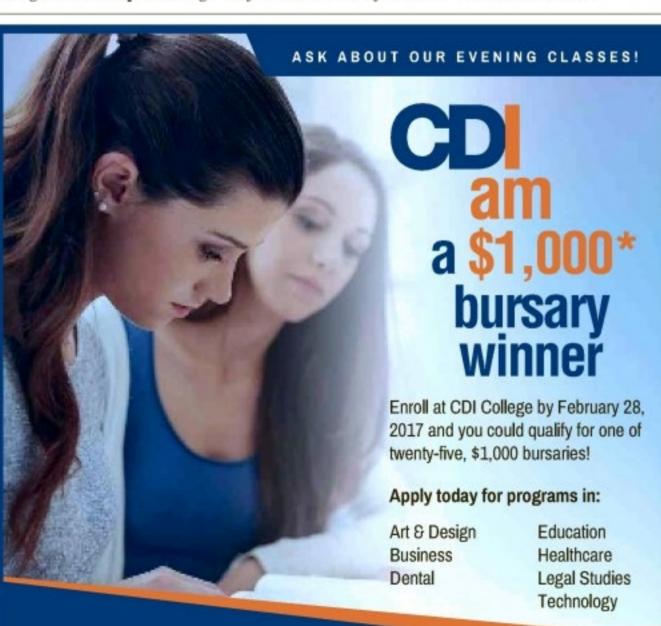
The use of loyalty cards remains widespread, with about 89 per cent of Canadians participating in some type of rewards program, Aimia says. THE CANADIAN PRESS

150 WAYS of looking at Canada

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There is nothing more Canadian than a magical sunrise or sunset in Algonquin Park. I took this during the summer off the spruce bog boardwalk. Considering this beautiful wilderness is only a few hours north of the GTA, it's a great place to get away from the chaotic pace of city life. **Tim Kennedy**





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Your essential daily news

PHILOSOPHER CAT by Jason Logan

Get ready to be doorknocked, dear voter

URBAN PARADIS

Danielle Paradis

Since Edmonton will elect a new mayor and council in 230 days, it's time to ask: Are you ready for door-knocking season?

In every election, distractions take our eyes off the bigger prize. Last time it was donor lists. Someone also dug up an article Don Iveson wrote on communism - in 1999. It was entertaining but ultimately more noise than substance.

So whether it's commuting to work, affording a house or planning a family but seeing gaps in services, there are many concerns that we should actually raise with candidates when they come a-calling.

Council's far reaching ambitions, like curbing racism and ending homelessness in 10 years, tend to garner the most attention. But while glamourous and full of vision - a must for any candidate in the era of Sunny Ways — these aren't what keeps the trains running on time.

Instead of the sunshine, ask about what's not working.

For one, ask if the candidate has ideas for new revenue streams that don't include further burdens taxpayers.

Speaking of revenue streams, many people aren't too fond of using photo radar to fill coffers. If you are one of them, then it's a great opportunity to ask your representative about it.

On fondness, a majority of Edmonton voters seem warm toward Mayor Iveson. But does the candidate think he's been effective? If not, how would the candidate push him?

When it comes to housing, Edmonton's rental vacancy rate has climbed to 7.1 per cent, making it a renter's market (although you wouldn't know this from the influx of condo developments and rent increases near Ice District). This is a huge increase since 2013, when the rental vacancy was just 1.2 per cent.

A higher vacancy rate means more renters can find deals, but could push developers out. If you're living in a high density area, you should know how the candidate intends to strike a delicate bal-

Is your neighborhood in the middle of a development revival? Infill is a very contentious issue that has both city administrators and residents feeling frustrated. What can be done to ease the tension? Where does the candidate weigh in?

A recent report from the Edmonton Transit Service Advisory Board to the Community and Public Services Committee said Edmonton transit is "something to be proud of."

If you ride the bus or LRT, do you agree?

The report called for a code of conduct for operators and an update code of conduct for passengers. Candidates should have a vision for transit on this issue, so ask them what it is.

It's time for Edmontonians to start looking at the issues that affect their ward. And demand their candidates have ideas to fix them.

PENNY COLLENETTE ON SANCTUARY CITIES



We must 'mind the gap' between the vision and the reality of sanctuaries

The world has a massive problem on its hands. The numbers of displaced people fleeing persecution, conflict and genocide are staggering. The UN Refugee Agency estimates "an unprecedented 65.3 million people around the world have been forced from home. Among them are nearly 21.3 million refugees. There are also 10 million stateless people who have been denied a nationality and access to basic rights."

Where can these asylum seekers find safety in an increasingly unsafe world?

Initially, we assumed that sheltered refuge would be found in North America. To that end, Canada signed the Safe Third Country Agreement in 2002 with the U.S., requiring refugee claimants (with some exceptions) request protection in the first country in which they arrive, not both.

What could go wrong? Both countries were deemed to "respect human rights and offer a high degree of protection for asylum seekers."

But increasingly, the assumption the U.S. is a safe harbour is at risk. Donald Trump has exacerbated the global situation with rumours of accelerated deportations along with threats to cut federal funding to approximately 400 American cities and counties



Clear laws, co-ordinated leadership needed, says Collenette. AP

that provide sanctuary to illegal immigrants, potentially amounting to \$2.27 billion in cuts for the nation's 10 largest cities.

Given this intimidating culture, it is no wonder undocumented refugees in the United States are understandably nervous and are now looking north to our country for sanctuary. Canadian cities are beginning to respond with designations of "sanctuary cities" and with requests for more resources.

Whether the numbers crossing the undefended portions of our joint border are a trickle or a flood remain to be seen. Competing visions of the future are colliding in our consciousness, in part because of politics and in part because

of real confusion. The government, which is dealing with an unprecedented situation, is taking time to assess the severity of the situation.

enough? The Mayor of Fredericton recently noted that because provinces have responsibility for education and health, it may be more appropriate for New Brunswick to be designated as a sanctuary province. Similarly, a project at the Ryerson Centre for Immigration and Settlement in Toronto is studying the idea of provincial sanctuary as it researches the availability of labour markets for illegal migrants while examining municipal programs that could be "scaled" up to the provincial level.

But are city services

must "mind the gap" between the vision and the reality of sanctuaries. For example, police forces are in a Catch-22 position as they are expected to serve everyone without question as to their papers. However, if they are aware of any illegal immigration information, they are required by law to report it to Canada Border Services. Which direction takes precedence?

However, before we leap to

a higher sanctuary level, we

Secondly, affordable housing remains a pressing issue for many cities, not to mention the challenge of homelessness. Can we build new units? If so, how quickly and which level of government provides the funds?

Successful sanctuaries, whether at the municipal or provincial level will require clarity of laws, as well as co-ordinated leadership among officials at all levels. To avoid arguments, and possible confrontations, citizens, too, must receive good communication and education. None of this is easy. Patience, rather than heated rhetoric, will be a virtue.

Penny Collenette is an adjunct law professor at the University of Ottawa and was a director of the PMO for Jean Chrétien.

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Social horror hit Get Out retains its 100% Rotten Tomatoes rating as it tops the box office

to look out for Health Canada

MUMPS Most people recover **SYMPTOMS** within seven to 10 days:



High fever



ONE IN THE CAPITOL

There is one confirmed

case in Ottawa







Anatomy of a mumps outbreak

An immunization expert explains why there are still mumps outbreaks despite Canada's national vaccine program



Wanyee Metro Vancouver

A recent spate of mumps outbreaks in Canada has health experts reminding people about the importance of vaccines.

Mumps is a virus that causes the easily recognizable swelling of salivary glands. Most people recover within seven to 10 days but in rare cases people can develop complications, including deafness and meningitis, according to Health Canada.

Parents in Canada are advised to have their children receive two doses of the MMR vaccine — it protects people against the measles, mumps, and rubella.

Health authorities say it is normal to see a handful of mumps cases in provinces every year but outbreaks are still occurring because the disease is highly contagious and because Canada has not yet achieved herd immunity.

There have been some high-profile outbreaks in western Canada in recent years too. At least 46 people had the mumps in Whistler, B.C. in the summer of 2016, according to Vancouver Coastal Health.

Unlike the measles, where an outbreak only occurs when a traveller brings it into the country, the mumps virus still exists in Canada, said Dr. Monika Naus, the director of immunization and vaccine preventable disease at the B.C. Centre for Disease Control.

CANUCK CASES

Sport teams are especially susceptible to mumps outbreaks and five players in the Vancouver Canucks sat out of Saturday's game due to the virus, according to the team



IN ALBERTA

Four people in Edmonton's University of Alberta tested positive for mumps, while Calgary has seen three confirmed cases

HIGHEST IN CANADA

Manitoba has seen 176 confirmed cases between last Sept. 1 and now, most of them at Winnipeg universities

MEASLES, TOO

There are three confirmed cases of mumps in Halifax, but the city has also seen seven cases of measles



Toronto public health authorities confirmed 17 cases of mumps that likely stemmed from 10 bars in the city's

T.O. BAR SCENE

West End last week

Western Europe and North America, then there is an excellent chance that you weren't vaccinated against mumps. Mumps vaccines are not used in most of the developing world. For individuals like that, we recommend getting a mumps vaccine.

How effective is the mumps vaccine?

After one dose, about 80 per cent of people will be immune. After two doses, just over 90 per cent of people will have immunity. Everyone would have to get two doses in order to achieve herd immunity.

Is it possible to check whether I am immune to mumps?

For many vaccinations, an antibody

HOW THE VIRUS SPREADS

Mumps is a highly contagious disease spread by saliva or mucus.

- Usually mumps is spread directly from person to person. When someone with mumps shouts at a bar, people around that person are likely to get infected by the flying spit if they haven't been vaccinated
- · Kissing is a big culprit for the spread of mumps
- People can also spread mumps by sharing utensils and drinking glasses
- · But the MMR vaccine is available free nationwide

level can be checked and if it is above a certain level, we can determine immunity. For mumps, we don't have that kind of certainty. So there's no point checking the antibody after the vaccine.

Does it hurt to get another mumps vaccine if I'm not sure whether I need a booster shot or

No it doesn't. If you're already immune, it won't do anything. It might boost your immunity.

This interview has been edited and condensed for brevity.

A 2007 Health Canada pilot program found about 83 to 87 per cent of two-year-olds in Alberta, Saskatchewan and Manitoba were up to date with their mumps vaccines.

Everyone in the country would have to get two doses of the mumps vaccine in order to achieve herd immunity - a term which simply means that the general population is protected against mumps. Without herd immunity, outbreaks can still occur, she said.

We asked Dr. Naus important questions about the mumps vac-

How can I check to see whether I have been vaccinated?

The best way is to check your immunization record. If people remember where they got their vaccinations, that health provider should provide a record.

How many vaccine doses did I

A second dose of mumps vaccine in 1996 was introduced at 16 months

For individuals from about 23 to 47 years of age, most of them will only have had a single dose of mumps vaccine.

What if I'm an immigrant who did not grow up in Canada?

If you immigrated from outside of

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Writer/director Barry Jenkins, producer Adele Romanski, producer Jeremy Kleiner and cast members accept the best picture Oscar for Moonlight. GETTY IMAGES

JOHANNA SCHNELLER WHAT I'M WATCHING

This late transfer was transcendent

THE SHOW: The Academy Awards (CTV/ABC) THE MOMENT: The epic fail at the final moment

Best picture presenter Warren Beatty opens the envelope. He reads the card. He squints. He looks in the envelope for another card.

He looks at his co-presenter, Faye Dunaway. He says, "And the Academy Award," and stops, looking off stage. "You're awful," Dunaway says. He holds the card out to her. She only glances at it. "La La Land," she says.

The music plays, the La La team hugs. Producer Jordan Horowitz makes his speech. As fellow producer Marc Platt makes his, people in headsets dart around in the background. Faces fall.

Horowitz charges the mic. "I'm sorry, no, there's a mistake," he says. "Moonlight, you guys won best picture." Gasps from the audience. "This is not

a joke." He holds up the card. "Moonlight. Best picture."

Hubbub. "Warren," host Jimmy Kimmel wails, "what did you do?"

We know what Beatty should have done: "I'm sorry, I seem to have the wrong envelope." Instead, he gave us a metaphor so literal, if it was a movie you'd throw popcorn at the screen.

The walking embodiment of old Hollywood and white privilege, frozen in bewilderment, allows a cadre of white males to think they've won for a lighthearted confection about cute white dreamers

And then we all watch as they physically transfer the statuette to a female producer and a black director for their intimate movie about a black gay man.

to hand this to my friends from Moonlight," Horowitz said gracefully.

WOES KEEP COMING

Australian producer Jan Chapman insisted she is very much alive after her face was displayed during the In Memoriam segment, intended to honour her friend Janet Patterson.

The 32.9 million viewers tuning into Sunday's awards was the secondlowest rating of all time.

Speaking for humankind? We can only dream.

"I'm going to be really proud Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

How Oscars were enveloped by chaos and left red-faced

For 82 years, accounting and consulting firm PwC has enjoyed a reputational boon from handling the balloting process at the Academy Awards. Now its hard-won image as a dependable partner is under threat.

The question on everyone's lips in the immediate aftermath of the stunning final twist to Sunday's Oscars was simply 'how?' Here's a look at the processes and how the Academy Awards' winners envelopes are handled before being opened live onstage:

The consulting firm PwC, formerly Price Waterhouse Coopers, tabulates the winners based on ballots cast by the academy's 6,687 voting members. Unlike the nominations, which rely on a branchspecific, preferential-voting system, winners are chosen by popular vote.

Two accountants are tasked with bringing the final results, inside sealed envelopes, to the Oscars ceremony. They are the people carrying briefcases on the red carpet, flanked by police protection. Each briefcase contains an identical set of envelopes for the show's 24 categories. The accountants also memorize the winners.

The two accountants are ostensibly the only people who know the winners before they are announced live on TV.

During the telecast, the two briefcase-toting accountants are stationed in the Dolby Theatre wings, one stage left and one stage right.

Most presenters enter stage right. They come backstage a few minutes ahead of time, and the accountant hands them their category's envelope just before they walk onstage. The sealed envelope with the winner's name inside is opened live A curious tale of two onstage.

The unused duplicate envelopes are discarded, though there is no formal process for how that happens, such as a dedicated shredder or wastebasket.

On Sunday, Warren Beatty and Faye Dunaway entered stage right, where PwC representative Brian Cullinan handed them the errant envelope.

The previous award, best actress, was presented by Leonardo DiCaprio, who entered stage left. PwC representative Martha Ruiz handed him the envelope for the correct category.



envelopes: Emma Stone holds one best actress card (above) but Warren Beatty was handed another (below). GETTY IMAGES



A duplicate, unopened envelope for best actress remained stage right, and apparently ended up in the hands of Beatty and Dunaway before they took to the stage. THE ASSOCI-

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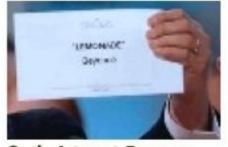
HUMOUR

The award for best meme goes to...

The best picture Oscar blunder prompted snickering from Ryan Gosling and a cascade of politically tinged jokes on Twitter, with some even declaring Hillary Clinton the winner.

Billy Crystal tweeted: "Amazing ending. Wish that had happened on Election Day." Seth MacFarlane chimed in: "You know what the problem is millions of Academy members voted illegally."

The sarcasm started after La La Land was wrongly announced as the best picture winner. The actual winner was



On the Internet, Beyonce won big. TWITTER/@THISJENLEWIS

Moonlight, drawing a giggle from Gosling, who was on stage with the La La Land cast when the real winner was announced.

Memes using the Oscar winner envelope held up by La La Land producer Jordan Horowitz were edited to instead show titles of films that have garnered little attention from the Academy, including Ernest Goes to Camp and Space Jam.

One of the most popular took a dig at another hotly contested award - when Adele saw off Beyonce's Lemonade for record of the year at the Grammys.

Other memes showed the popular vote totals for the recent U.S. presidential election, with Clinton tallying more ballots than President Donald Trump. THE ASSOCIATED PRESS

Free agent guard Deron Williams has signed with the Cavaliers, giving the NBA champions another playmaker to help defend their title

Lowry eyes playoff return

All-star guard to undergo surgery on ailing wrist

Kyle Lowry thought he'd play through some discomfort because that's what he usually does.

This time was different, however; this time things weren't

getting much better. One day would be good, one day would be not so good and now he's destined to go under a surgeon's knife to clean out some little particles



Kyle Lowry **GETTY IMAGES**

floating around his right wrist. The news came as a bit of a surprise, especially after the Raptors had suggested Sunday that he was on the path to coming back but that's the vagary of the injury: some days are better than others.

"I thought some local treatment would help it, it just wasn't getting any better," Lowry said of the wrist that's been bugging him since before

this season, to go along with 6.9 assists per game.

the NBA all-star break. "We got some stuff done in Toronto and now we all came to New York and got a second opinion.

"You guys know, I don't say when I'm hurt. I go out there and play, I do my job. If I can't do my job, then I say something.

"I had to get it loosened up before and worked on before but I didn't know what the extent was (this time)."

The extent was far worse than some imagine. A visit to the same New York doctor who reset a broken left wrist 11 years ago yielded enough information that Lowry decided to have an operation Tuesday morning.

When Lowry is able to return is impossible to know and anyone suggesting Monday they could pick a date is guessing.

It will depend on what the doctors find during the surgery, how quickly he is able to begin serious rehabilitation and, eventually, getting back to game speed.

The Raptors have 23 games left in the regular season that ends April 12 with the playoffs beginning three or four days later.

"It's a timetable but we still have to do the rehab, do the process, we have to get the surgery done and then we'll go from there," he said before the Raptors faced the New York Knicks on Monday.

"For me, it's a process of taking it day by day. (Tuesday) is Day 1 and then working extremely hard to get my body, my mind, my wrist back to 100 per cent so I can help my team-

Coach Dwane Casey is, of



DEROZAN TAKES OVER IN THE BIG APPLE Raptors guard DeMar DeRozan dribbles around the Knicks' Willy Hernangomez at Madison Square Garden on Monday night. DeRozan made a turnaround jumper with 1.9 seconds remaining and finished with 37 points to lead the Raptors to a 92-91 victory over the Knicks. It was the Raptors' fourth straight win. AL BELLO/GETTY IMAGES

course, hoping for the best while confident in the point guard duo of Cory Joseph and Delon Wright.

"He decided to have it done now to hopefully have some time before the playoffs to get some games in," Casey said. "He's going to be back when he comes back but we hope that he heals and gets back with us for a few games before the playoffs."

Raptors president Masai Ujiri hotly disputed that Lowry's allstar weekend workload - the three-point contest and 17 minutes in the game — had anything to do with what unfolded.

"I don't think there's any bad optics here," the president said.

"If you look at the history of this kind of injury, players sometimes feel pain and sometimes they don't feel pain.

"(Sunday) actually, Kyle felt OK, actually. The swelling had gone down. He felt OK, we were very optimistic. And then it swelled up again."

TORSTAR NEWS SERVICE

NHL IN BRIEF

Forsberg named No. 1 star

Nashville Predators leftwinger Filip Forsberg, Chicago Blackhawks centre Jonathan Toews and Calgary Flames left-winger Johnny Gaudreau are the NHL's three stars of the

Forsberg led all skaters with eight goals and 10 points, including backto-back hat tricks, as the Predators gained seven of a possible eight points in the standings. Toews (four goals, five assists) recorded multi-point efforts in three Blackhawks wins and Gaudreau recorded eight points (two goals, six assists) in four road VICTORIES. THE CANADIAN PRESS

Sens trade for grizzled vet

The Ottawa Senators are gearing up for a playoff push, acquiring veteran forward Alexandre Burrows from the Vancouver Canucks in exchange for prospect Jonathan Dahlen on Monday.

Burrows, 35, played 822 regular-season games with the Canucks, posting 384 points and 1,066 penalty minutes. THE CANADIAN PRESS

Wild's Parise, Pominville contract mumps

Minnesota Wild forwards Zach Parise and Jason Pominville have been diagnosed with mumps and must miss at least three

The veteran wings have been placed in isolation for a five-day period. THE ASSOCIATED PRESS

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PREMIER LEAGUE

Liverpool feel wrath of rejuvenated Leicester team

Leicester began life without manager Claudio Ranieri by easing its English Premier League relegation fears after a stirring 3-1 home victory over Liverpool on Monday. In its first game since Ranieri was sacked last Thursday by the club's Thai owners, Jamie Vardy scored twice for last season's struggling champion.

Danny Drinkwater also netted with a superb long-range strike. It helped propel Leicester out of the relegation places and up to 15th, two points above the drop zone with 12 games remaining.

Vardy scored 24 league goals last season but the England international's strikes in either half were just his sixth and seventh of this campaign.

"We've come in for a lot of unfair stick with things that have been in the press, but you've seen that the lads wanted to react," Vardy said. "We needed to show that we've got that fight."

Liverpool, which was out of sorts despite a warm-weather training break in Spain, could



Jamie Vardy of Leicester City celebrates after scoring his second and his sides third goal. MICHAEL REGAN/GETTY IMAGES

We've come in for a lot of unfair stick with things that have been in the press, but you've seen that the lads wanted to react. Jamie Vardy

not match Leicester's energy, intensity and commitment. It remains in fifth place.

Ranieri was dismissed nine months after masterminding one of the biggest sporting shocks of all time by leading the 5,000-1 outsider to league glory. But Leicester has failed to replicate that form. Before facing Liverpool, it had won just five league games. Five consecutive league defeats sent it spiraling down the standings.

There was a strong show of support for the former manager

at the game, with fans donning Ranieri masks and holding placards inside and outside King Power stadium. One banner held aloft said "Thank you Claudio for making our dreams come true."

Nigel Pearson, sacked by Leicester in June 2015 after saving the club from relegation, a move which led to Ranieri's appointment, is among the names linked with the job. Guus Hiddink, Roy Hodgson and Roberto Mancini are also in the frame. THE ASSOCIATED PRESS

Source: Argos to team up Popp, Trestman

Jim Popp and Marc Trestman are together again. Two sources said Monday the Toronto Argonauts have agreements in principle for Popp and Trestman to become the CFL club's GM and head coach, respectively. Both Popp and Trestman will meet with reporters Tuesday morning.

Popp was photographed sitting with Larry Tanenbaum during the Toronto Maple Leafs' 5-4 win over the Winnipeg Jets on Feb. 21. Tanenbaum is chairman of Maple Leafs Sports And Entertainment, which owns the Leafs, but he is also the Argos co-owner. Argos spokesman Jamie Dykstra declined comment Monday. Popp did not immediately respond to a message from The Canadian Press. Popp spent 21 seasons as the Montreal Alouettes general manager (1996-2016), leading the franchise to eight Grey Cup appearances, winning three.

Two of those titles came with Trestman as the club's head coach (2009-10). Popp hired Trestman as Montreal's head coach in 2008. The move paid off immediately as Trestman led the Alouettes to a Grey Cup appearance in his first season, losing 22-14 to Calgary at Olympic Sta-

During Trestman's tenure, Montreal finished atop the East Division four times, posting a 59-31 regular-season record and a 5-3 playoff mark. THE CANADIAN PRESS



IN BRIEF

New contract for Chiefs' lineman Duvernay-Tardif

The Kansas City Chiefs have rewarded Canadian offensive lineman Laurent Duvernay-Tardif with a new five-year contract.

The deal is reportedly worth US\$41.25million. The move ends Duvernay-Tardif's fouryear, \$2.35-million rookie deal, which still had a year remaining. It's been a meteoric rise for the 25-year-old native of Mont-St-Hilaire, Que.

THE CANADIAN PRESS

Ibrahimovic keeps United guessing about his future

Ever the showman, Zlatan Ibrahimovic seems to be reveling in maintaining the suspense. Why accept a one-year contract extension from Manchester United now when you can sustain the ambiguity and add to the mystique?

"Let's see what happens," Ibrahimovic said after his two goals helped United win the League Cup Sunday. "I will stop on top. If I don't perform, I won't play," the Swede added. THE ASSOCIATED PRESS



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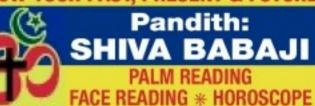
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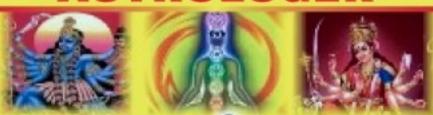
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WELCOME

MEET ME ONCE & SEE THE DIFFERENCE

119 Ave, 48 Street North East, Near India Bazaar, EDMONTON

Edmonton

MAKE IT TONIGHT — —

Spicy Fish Tacos with Glazed **Sweet Potato**



Ceri Marsh & Laura Keogh For Metro Canada

Taco Tuesday just got an upgrade.

Ready in 40 minutes

Prep time: 15 minutes Cook time: 25 minutes Serves 4

Ingredients

- 4 6 Mahi-Mahi or Halibut fillets
- 1 tsp ground cumin
- 1/2 tsp ground chili powder
- •1/2 tsp ground oregano
- 1/2 tsp garlic powder
- 1/2 tsp ground cinnamon
- · 1/2 tsp salt
- · 1 small sweet potato, diced into 1/2 inch cubes
- · 2 tsp maple syrup
- · salt

1 tsp butter Fixings:

- corn or whole wheat tortillas
- cole slaw
- 1 container of fresh salsa
- chopped fresh cilantro
- · sour cream
- guacomole

- Preheat oven to 425F and grease a large baking sheet. Combine the cumin, chili powder, oregano, garlic powder, cinnamon and salt in a small bowl and mix with a fork to combine. Sprinkle over fish and rub spice mix evenly across the fillets.
- 2. Place on prepared sheet and bake in the oven for 12 to 15 minutes, or until fish flakes with a fork.
- 3. Place mahi-mahi on a platter and pull fillets apart with a fork. Meanwhile, toss the sweet potato with the maple syrup and sprinkle with salt.
- 4. In a skillet over medium-low heat, add the butter and then sauté the sweet potato for about 10 minutes, or until potato is
- 5. Remove the sweet potato from the skillet, place it in a bowl, and set aside. Serve fish and sweet potato alongside other fixings.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

Q YESTERDAY'S ANSWERS ON PAGE 13

ACROSS

1. _ Tuesday (Day before Lent starts) 7. Parrot 11. Fergie's bandmate, _.de.ap 14. Garlic sauces 15. Tart 16. Mauna (Hawaiian volcano) 17. Dairy or wheat, to some eaters: 2 wds. 20. Desire Under the_(Eugene O'Neill play) 21. Clod 22. Lollobrigida and Gershon 23. Summer hrs. in Toronto 24. Jimmy 25. Photo 26. Hat part 28. Fireplace features 32. Invite on a date: 2 wds. 35. Canadian comedian Mr. James 36. Miss 37. Gregorian _ 38. Capture 39. _ donna 40. Singer Ms. Kelly 41. Keep the grass short 42. Keys-on-a-loop character in a Western 43. My world of me! 45. Isinglass 46. Slot machine

14 15 16 17 18 19 20 21 22 23 24 25 28 27 28 35 38 37 38 40 41 42 43 44 45 48 52 53 58 60 61 62 63 65 66

57. Bass, as per singing: 3 wds. 61. US tooth doc's org. 62. Sporting slingbacks or sandals 63. Decline, as an offer: 2 wds. 64. TV actress Susan

65. Pilot's steerer 66. Synchronized on the dance floor: 2 wds.

DOWN

1. Secure 2. "__, _ friend!" (Greetings my longtime pal!) Boards

4. Historic French Canadian area of Winnipeg: 3 wds. 5. '__ for Verdun 6. Opposite of WNW 7. Composition 8. Salon creation 9. "Gilligan's Is-

land" shelter

10. Beginning

11. Comparable 12. Ms. Wilson of "La Femme Nikita' 13. _ into (Criticizes/attacks) 18. Benchmark 19. Canada's highest military honour: 2 wds. 24. "The Money __' (1986) starring Tom

Hanks and Shelley Long 25. Frying need 27. Groove 28. Mafia 29. "_ and the Detectives" (1964) 30. 'L' of household cleaning brand CLR 31. Hollywood Walk of Fame symbol 32. Pretends 33. Velcro 'venue' 34. Mr. Malden 35. Sore 38. 'Name' in Montreal 39. Ocean, e.g. 41. Particular parent 42. Zippy dance 44. Fancily attired 45. Grinding factory 47. Open space in a wooded area 49. Single-named singer 50. Timely way to deliver lines: 2 wds. 51. Delighted 52. Mineral deposit 53. "Fly_Home" (1996)54. "Star Trek" episode, '_Time' 56. Johnny of movies 58. Howe'er 59. Prefix to 'centre'

60. Delivery vehicle

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

feature

in a co.

Scotia

54. _ clear

55. Splinter

47. Showbiz job

48. Money exec

51. Bay, Nova

Aries March 21 - April 20 This is a lovely day because the Moon and Venus both are in Aries. Lucky you! You feel friendly toward everyone, which is why it will be easy to get along with others.

Taurus April 21 - May 21 You will welcome every char to enjoy solitude in beautiful surroundings today. You have an above-average need for privacy and some peace and quiet.

Gemini May 22 - June 21 This is a lovely day to schmooze with friends and members of groups because you feel very warm toward others. Enjoy hanging out with people who are creative and artistic.

Cancer June 22 - July 23 You look good in the eyes of bosses. parents and VIPs today. In fact, you look so good that some of you will strike up a flirtation with someone in a position of power.

Leo July 24 - Aug. 23 for pleasure today or do something different. Because your appreciation of beauty is heightened, visit museums, art galleries, beautiful buildings and parks.

Virgo Aug. 24 - Sept. 23 You can benefit from the wealth and resources of others today, which is why it's a good day if you need to borrow something.

Libra Sept. 24 - Oct. 23 Although you have to cooperate with others today, they will be receptive and cooperative with you. You will achieve a nice balance of give-andtake with close friends and partners.

Scorpio Oct. 24 - Nov. 22 Co-workers will be supportive today. In fact, you might get praise or even a raise. Who knows? (Fingers crossed.)

Sagittarius Nov. 23 - Dec. 21 This is a romantic day for you. Enjoy social outings, sports events, the arts and playful activities with children. Accept all invitations to party.

Capricorn Dec. 22 - Jan. 20 You might be enthused about redecorating your home today. Likewise, you will enjoy buying something beautiful for where you live. Family relations will be friendly.

Aquarius Jan. 21 - Feb. 19 This is a strong day for those who write, teach, act, sell or market, because your words are like gold today. All your communications with others will benefit you.

) Pisces

Feb. 20 - March 20 Look for ways to boost your income today, because they exist. If shopping, you will buy something beautiful for yourself or a loved one.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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